

JOHN CARSON JULY 4TH

2 MILE ROAD RACE

*****THURSDAY JULY 4TH, 2024 9:30 AM*****

Registration: Before **July 4th** return completed entry to **Sullivan Farms Homemade Ice Cream**. The Race Headquarters is located at 176 Middlesex Rd., (Rte3A) Tyngsboro, MA. Entries may be returned in person (Love to see you), or by mail. CALL Sullivan Farms at 978-649-9202 (11am - 10 pm) for more entries or information or go to Sullivanfarmsicecream.com, or Email us at Sulfarms@aol.com. Follow us on Instagram at Sullivanfarms.

Race Day: Registration from 7:30-9:00am behind Hannaford Supermarket at 80 Parkhurst Rd (**Exit 32 off Rte. 3**)

Course: 2 miles. Starts on Parkhurst Road (behind Hannaford Supermarket) goes up Parkhurst, left onto North Road (Rte 4), straight to **Chelmsford Center**, just past the Old Town Hall. Rollerblading is not allowed. Baby joggers are okay, but request they do not start near the front. Younger runners should also start at a safe starting location---not up front where they may be knocked down. Please no pets.

Divisions: MALE & FEMALE: 1st-3rd Overall (CASH);
1st-3rd place for: 6-8, 9&10, 11&12, 13&14, 15&16,17&18,19-29, 30-39, 40-49, 50-59, 60-69, 70-79,80 plus
Special \$1000 Cash Bonus for the NEW course records!! Men: \$1000...Patrick Tarry, Louie Luchini **8:50** 2010
Women: \$1000..... Katrina Coogan **9:54** 2018

Results: Results will be on www.sullivanfarmsicecream.com.
Male and female first place awards are given out at the reviewing stand as soon as we can. Other awards are mailed out.

Prizes: Weekend get-aways, dinners, lunches, baseball stuff from Center Sports, running gear. Thanks to our generous **SPONSORS** we have loads of great prizes to give away..

Number Pick-up: Numbers and T-shirts can be picked up on or after Friday June 28th at **Sullivan Farms Homemade Ice Cream** or on race day at the start area until 9am. Call **978-649-9202** if you have any questions.

Parking: **NOTE: This is a point to point race.** There is plenty of parking at starting line. Plan on jogging back to your car. However, if you make this a family affair, have family and friends meet you and your children at a **predetermined spot** near the finishing area. There you will enjoy Chelmsford's fantastic 4th of July Parade which immediately follows the race.

Spectators: Get your seats early, this promises to be another great race, and of course, the parade is always a fun event to watch.

2024 John Carson Road Race Application

On raceday

Last Name _____ First: _____ Sex: _____ Age: _____

Street Address: _____ Phone: _____

City/Town: _____ State: _____ Zip Code: _____

ADULT FEE

\$20 W/ SHIRT

CHILDREN (12 & UNDER)

\$15 W/ SHIRT

(\$25 on race day)

****Shirts on race day while they last ****

(\$15 on race day)

T-Shirt Sizes (Circle One) youth S youth M youth L S M L XL

In consideration of this entry being accepted, I do hereby forever waive and release all organizing and sponsoring organizations and individuals, their agents, representatives, assigns, and successors from all claims of actions which I, at any time, acquire as a result of this Chelmsford July 4th Road Race.

Signature (parent or guardian if under 18 years of age): _____

John Carson July 4th Road Race SPONSORS for 2024

Sullivan Farms Ice Cream

Drum Hill Liquors

Rosev Dairy

Costco Wholesale

Center Sports

Dream Diner

Doherty Financial Group
Chelmsford Dental Associates
Chelmsford Animal Hospital
Hannaford Supermarket
Brickhouse Center Sports Grill
Boston North Credit Card Services
Complete Game Physical Therapy

Cutting Edge Hair Care
Team Mickey Ward
PaolilliJarek, LLC
Attorney Mike Bowser
Needham Advisory Group
Daniel Corbett Plumbing

Remco Flooring
Fishbones
Line Ski company
Digital Credit Union (DCU)
Dynamic Cleaning

******THANK YOU TO THE CHELMSFORD POLICE, CHELMSFORD DPW, AND THE CHELMSFORD HIGHWAY******
******DEPARTMENT FOR ALL THEY DO FOR THIS RACE EVERY YEAR ******

T-shirts: Free T-shirts to those who drop off application and preregister for the race. On race day, shirts will be given out with race day entry fee while they last.

Refreshments:

Water and cups will be provided by Hannaford at the START, The MILE MARK, and at the FINISH. Water station will be at the one mile mark. (Say hi to Rick, Jerry and the crew as you go by)

LOADS of other refreshments will be available beyond the finish line area; please indulge, you earned it!

Prizes and Awards

Race awards and prizes for the following categories:

\$1000 Bonus for THE new course record

1st, 2nd, and 3rd place overall; male & female. CASH \$500, \$300, \$200

I will try and call male & female WINNERS up to the reviewing stand quickly...so stay if you can

1st, 2nd, and 3rd place in all age divisions. Ice Cream Gift Certificates (\$20, \$15, & \$10)

(These will all be mailed ... we do not do an awards ceremony... so have a fun Fourth)

All of our **younger runners** will receive ribbons upon completion of the race.

Proceeds: To benefit the John Carson Memorial Scholarship and other great causes.

RETURN IN PERSON OR BY MAIL WITH CASH OR CHECK PAYABLE TO:

John Carson Road Race
c/o Sullivan Farms Ice Cream
176 Middlesex Road
Tyngsboro, MA 01879